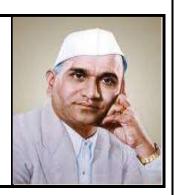


Mahatma Gandhi Vidyamandir's

Arts, Science and Commerce College Harsul, Trimbakeshwar Nashik Best Practices



QIM: 7.2.1 Best Practices (30)

Best Practice-I

1: Title of the Practice: - To create awareness among girl students about health-related issues.

2: Objectives of the Practice:

- To create awareness about health-related issues.
- To provide psycho social counseling to students for maintaining psychological health.
 - To provide guidance for stress management.
 - To identify the girl students having hemoglobin deficiency and malnutrition.
 - To provide medical assistance to the girl students.

3: The Context:

Harsul and the surrounding region has been declared as "Tribal Zone" by the Govt. of Maharashtra. Majority of our students are socially and economically backward. According to the motto of our institution "Bahujan Hitay Bahujan Sukhay", we are working sincerely for the welfare and betterment of this downtrodden section of society. As the saying goes 'Health is Wealth', girl students particularly in Tribal area suffer from common health issues such as Hemoglobin deficiency, Malnutrition, Depression, Stress

related issues etc. Majority of the female students enrolled in college come from socially and economically backward families and are underweight.

India has high prevalence of iron-deficiency and anemia among women. Between 60-70% adolescent girls are anemic, a condition that can result in adverse pregnancy outcomes or even death, as well as reduced work productivity and impaired physical capabilities. In this context, it was felt that these girl students should be provided Medical and psychological counseling, guidance and assistance to overcome this problem.

- 4: The Practice: The Ladies Forum has been constituted for the purpose of providing a platform to the girl students. It addresses a wide range of issues, ranging from Psycho social counseling to Physical Health. The college is striving sincerely for the welfare and betterment of girl students and for the cause of gender equity. Academic year 2018-19 has been Silver Jubilee Year of the college. Therefore, it was decided to focus on health issues of girl students. The Ladies Forum has organized Guest Lectures by Experts on Female Health Issues and have conducted sessions to overcome stress related issues among girl students. The Ladies Forum and National Service Scheme jointly organized a Health Check-up Camp for the girl students. The plan was worked out in association with a team from Rural Hospital, Harsul. The team of Medical Officers and supporting staff with the necessary medical equipment and drugs- (supplements- iron and folic acid tablets) conducted the physical check-up and the girl students diagnosed with anemia and hemoglobin deficiency were given required supplements.
- **5: Evidence of Success:** With the help Doctors of Government Hospital situated in Harsul, the college has carried this program. Girl students participating in the program. Some of the girl students were diagnosed with anemia and other minor health issues. Doctors prescribed them with multivitamin and folic acid tablets. The medical experts also delivered lectures for preserving physical and psychological health. Most of the girls recovered from the problems after this program.
- **6: Problems Encountered and Resourced Required** The main reason of Anemia and Malnutrition among girl students is, poor and inadequate diet. It is difficult to fulfill the

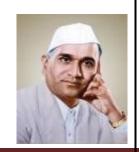
dietary requirements of these students, which is the main cause of Anemia. The college requires additional financial and human resources to tackle this issue.			



MAHATMA GANDHI VIDYAMANDIR'S ARTS, SCIENCE AND COMMERCE COLLEGE, HARSUL

TAL- TRYAMBAKESHWAR, DIST- NASHIK

[Affiliated to Savitribai Phule Pune University of Pune]



Date 13/12/2021

Report

Awareness among girl students about health-related issues

Women Welfare cell organized Health related issues awareness programme on the occasion of World Health Day. Dr Geeta Borade is a medical officer at rural hospital Harsul. She had given health related advice to girl of our college and spread aware about various health issues they have to face in day-to-day life. And conducted a camp in our college for the welfare of girls who are facing this problem in their life. She is well aware of the girl lives in tribal area and the problem they are facing related top health and sanitation. Which is a major issues in tribal area like Harsul. Girls live in tribal areas struggle to health related issues



(Dr. Motiram. R. Deshmukh)
PRINCIPAL
M. G. Vidyamandir's
Art's, Science & Commerce College
Harsul, Tal.Tryambakeshwar Dist. Nashik





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भविद्यार्छीनीभछो आरोग्यविषयक ब्लमस्यां बाबत् जाग्यकता निर्माण करणे

प्रान १६ १३।१२।२०२१ रोजी विद्यालयात विधार्शीनीं महत्रे अन्यणाया आरेष्यविधयद समस्या व अण्ययोजन। तसेच अभ आरोष्यविधयद जागानुकता निर्माण करव्यान्य। उद्योध्येन कार्यक्रमाचे आयोजन झॅ. नरेंद्र प्वार व झॅ. न्युभाष विक्रम योज्या माध्यमातून करव्यात आयो

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PRINCIPAL

M. G. Vidyamandir's

Art's, Science & Commerce College

Harsul, Tal.Tryambakeshwar olist, Nashik



MAHATMA GANDHI VIDYAMANDIR'S ARTS, SCIENCE AND COMMERCE COLLEGE, HARSUL TAL-TRYAMBAKESHWAR, DIST-NASHIK

[Affiliated to Savitribai Phule Pune University of Pune]



National Service Scheme

HB Check-Up Camp

Details of the Program:

Subject: HB Checkup Camp Academic Year: 12/04/2023

President: Dr. Ravindra Deore, Vice-Principal

Coordinator and Organizer of the Program: Dr. Poonam Borse

Purpose of the Activity:

A health screening camp was organised on the occasion of World Health Day by the Vishakha Committee at Mahatma Gandhi Vidyamandir College of Arts, Science and Commerce, Harsul. Dr. Prashant Sonawane briefed the students about mental health. Harsul Rural Hospital's Dr. Vijay Pawar gave a lecture on physical health. Dr. Vijay Indve and his colleagues examined hemoglobin and CBC of 59 students. College Vice Principal Dr. Ravindra Deore presided over the programme. Introduction and co-ordination of the program was done by President of Vishakha Committee, Dr. Poonam Borse. Committee Member Prof. Manisha Kavar gave a vote of thanks. The academic supervisor of the college for the said program Prof. Kunal Wagh, faculty members, non-teaching staff, male and female students were present in large numbers.



(Dr. Mo.imm, R. Deshmaklı) PRINCIPAL

M. G. Vidyamandir's Art's, Science & Commerce College Harsul, Tal Tryambakeshwar Dist, Markik



HB Check-up Camp



Dr. Prashant Sonawane delivered lecture on Mental & Physical Health



HB Check-up Camp

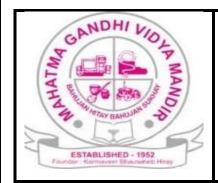
Outcome of the Program:

The program was a great success, and it created awareness about mental and physical health. Around 59 girls were a part of this campaign and got their health checkup done. The ones whose reports did not seem normal were consulted by the Dr. regarding it and were also given appropriate medicines.

This initiative by NSS of Mahatma Gandhi Vidyamandir's Arts, Science, and Commerce College, Harsul was received very well by all participants.

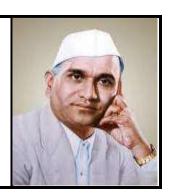


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Mahatma Gandhi Vidyamandir's

Arts, Science and Commerce College Harsul, Tryambakeshwar Nashik Best Practices



QIM: 7.2.1 Best Practices (30)

Best Practice-II

1: Title of the Practice: - Awareness Programme for Tribal People (villagers) about Various Welfare Schemes.

2: Objectives of the Practice:

- To aware tribal community about various welfare schemes of the government.
- To help empower tribal community economically.
- To bring tribal community in the main stream of development
- To help them benefited economically through various schemes launched by the government.
- **3:** The Context: The majority of populations in Harsul region belonging to tribal communities are poor and illiterate. There are number of welfare schemes launched by the government for the tribal people. But the number of beneficiaries in Harsul region is low because people are not aware of these schemes.

- **4: The Practice:** NSS unit of the college along with Gramsevak visited some villages and informed people about various government welfare schemes launched by central, state government and other local authorities regarding agriculture, education, health, employment etc. The guidance has been provided about various projects, schemes, the eligibility criteria, documents required and application procedure to become a beneficiary of those schemes.
- **5: Evidence of Success:** Due to awareness program carried out by the college, number of villagers started applying of various welfare schemes launched by the various government authorities. Many villagers were benefited by the awareness program launched by the institute.
- **6: Problems Encountered and Resourced Required** The main reason of the people of tribal area being unaware about various schemes launched by the government authorities is their own negligence and the other reason is failure of government officials regarding the promotion of their schemes. Hence the college took the initiative to reach out for the people who are either unaware or deprived of welfare schemes started by the government. Human and financial resources required to carry out this type of programs. Banners, hoardings, pamphlets, handbills featuring various schemes require some financial aid. Human resource is also required to reach various villages and its people to inform and spread general awareness regarding these schemes.



।। ब्रह्मान हिसाव बहुजन सुकाय ।।

 खेरधाकरे चला... ग्रामविकासाचा ध्यास धरा... -म.गाधी रोप बहुल करून तरानुका करू हो । **६ वृक्ष ताम्बर करून गांव वर्याक्त सन्**दर्**कर या** । ४ कावच्यावन का गान सहकार्य कर

ग्रामपंचायत कार्यालय

ता.त्र्यंबकेश्वर, जि.ग्राशिक.

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* ग्रामपंचायत सदस्य *****

श्री. संजय भिमा देशमुख श्री. तुळशीराम रावजी देशमख श्री. अनिल दत्त् बोरसे श्रीमती. संगिता हिरामण गावित श्रीमती. भारती दत्तात्रय व्यवहारे श्रीमती, प्रतिभा अशोक लांघे श्रीमती. लताबाई ज्ञानेश्वर तुंबडे श्री. राहल संजय शार्दुल श्रीमती, फरिन अखलाक शेख श्रीमती, रंजना शिवाजी कोथमिरे श्री, प्रकाश शंकर मेंद्रे श्रीमती. पृष्पा शंकर मेंढे



दाखला

दाखला देण्यात येतो की. कला,विज्ञान व वाणिज्य महाविद्यालय हरसुल ता.त्र्यंबकेश्वर जि.नाशिक या महाविद्यालयाचे प्राचार्य डॉ.मोतीराम देशमुख उपप्राचार्य प्रा. गौतम हरकर व त्यांचा स्टॉफ आमच्या ग्रामपंचायत अंतर्गत येणार हरसुल, शेंडेपाडा भगरेपाडा,पचारपाडा,लांघेपाडा या गावात येऊन येथील नागरिकांना शासनातर्फे राबविण्यात येणाऱ्या विविध योजनांविषयी माहीती देऊन याबाबत ग्रामस्थांमध्ये जागृती केली. त्याबद्दल हा दाखला देण्यात आला.

ग्रामिकास अधिकारी ता,त्र्यंकश्वर,जि.नाशिक

स्वच्छतेकडून... समृद्धीकडे..

स्थापना : १९६२

टाहर्निश गामरावा



ग्रामपंचायत कार्यालय दलपतपुर

ता. त्र्यंबकेश्वर, जि. नाशिक

मुलगी वाचवा... देश बाचवा... आरोग्यदायी गांव...



सरपंच : सी. गितांजली योगेश आहेर 🛨 उपस्ररपंच : श्री. अंकुरा प्रकाश कामडी 🛨 ग्रामसेवक : श्रीमती एस. डी. बोरसे

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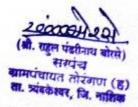
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MAHATMA GANDHI VIDYAMANDIR'S ARTS, SCIENCE AND COMMERCE COLLEGE, HARSUL

TAL-TRYAMBAKESHWAR, DIST-NASHIK

[Affiliated to Savitribai Phule Pune University of Pune]



गाव फेरी अभियान अंतर्गत शैक्षणिक वर्ष २०२१-२२

महात्मा गांधी विद्या मंदिर संचालित कला विज्ञान व वाणिज्य महाविद्यालय हरसूल तालुका त्रंबकेश्वर जिल्हा नाशिक आणि अंतर्गत गुणवत्ता हमी कक्ष (IQAC) यांच्या संयुक्त विद्यमाने दिनांक ०२/०२/२०२२ गांव फेरीचे आयोजन करण्यात आले या गांव फेरी अभियानासाठी त्रंबकेश्वर तालुक्यातील तोरंगण, वाहनदरी या आदिवासी गांवांची निवड करण्यात आली हे गांवे त्रंबकेश्वर तालुक्याच्या उत्तर व पश्चिम भागातील अति दुर्गम व आदिवासी ठिकाणी आहेत. या गांवातील लोकांना तसेच शेतकर्यांना शासनाच्या विविध योजनाची माहिती बद्दल आज देखील अज्ञान आहेत या करिता महाविद्यालयातील राष्ट्रीय स्वयंसेवकांनी तसेच महाविद्यालयाच्या कर्मचार्यांनी प्रत्यक्षात त्या ठिकाणी जाऊन लोकांनी व शेतकन्यांशी संवाद साधला आणि शासनाच्या कृषी योजनाची तसेच इतर घरकुल सारख्या योजनांची माहिती करून दिली या मध्ये कृषी अवजारे, ठिबक सिंचन, व आदिवासी लोकांसाठी घरकुल इत्यादी योजनांचा लाभ घेण्याचे आव्हान आमच्या स्वयंसेवकांनी या गांवातील लोकांना/शेतक-यांना केले.

शेतीमध्ये रासायनिक खतांचा वापर कमी करून सेंदीय खतांचा वापर करावे. रासायनिक खतांचा दुष्परिणाम व त्याचे मानवी आरोग्यावर होणारे परिणाम या विषयी येथील आदिवासी शेतक-यांना माहिती करून दिली या अभियानासाठी महाविद्यालयाचे प्राचार्य यांनी मोलाचे मार्गदर्शन व योगदान केले व काही सूचना केल्या आणि अभियानास शुभेच्छा देवून अभियानास परवानगी दिली

गाव फेरी अभियानासाठी महाविद्यालयातील राष्ट्रीय सेवा योजनेचे स्वयंसेवक, कार्यक्रम अधिकारी तसेच महावियालायातील इतर प्राध्यापक व कर्मचारी या गावात योजनांची माहिती

देतेवेळेस उपस्थित होते. Programme Officer N.S.S.

N S. S.
Arts Science & Commerce
College, +arsul

(Dr. Motiram. R. Deshmukh)

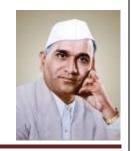
M. G. Vidyamandir's Art's, Science & Commerce College Harsul, Tal.Tryambakeshwar Dist. Nashik



MAHATMA GANDHI VIDYAMANDIR'S ARTS, SCIENCE AND COMMERCE COLLEGE, HARSUL

TAL- TRYAMBAKESHWAR, DIST- NASHIK

[Affiliated to Savitribai Phule Pune University of Pune]



Village Ferry Campaign A/Y 2021-22

Mahatma Gandhi Vidyamandir's Art, Science and Commerce College Harsul, Taluka-Trimbakeshwar, Dist- Nashik and IQAC of college organized Village Ferry campaign at **Dalapatpur** which is located in the northern zone of Trimbakeshwar taluka. Dated on 08/12/2021. This area is a totally tribal and hilly area as well as very a very remote area.

The famer of this village are still ignorant about the various agricultural schemes of the government so the volunteers of the national service scheme and the college students and college staff are interacted with the famer at that place and informed them about the agricultural schemes of the government-run for the agriculture sectors and farmers.

The principal of the college gave valuable guidance and some suggestions for this campaign and gave permission for the campaign for the campaign to reduce the use of chemical fertilizers and use organic fertilizers.

Volunteers and program officers of the national service scheme of the college for the village ferry campaign along with program officers and farmers were present on this occasion.

Programme Officer
N. S. S.
Arts Science & Commerce
College, Harsul

Harsul Harsul

(Dr. Motiram. R. Deshmukh)

M. G. Vidyamandir's Art's, Science & Commerce College Harsul, Tal.Tryambakeshwar Dist. Nashik College Staff gave the detailed about various state and central government schemes for villagers and Farmers. (Photo Gallery)















Report

Awareness program of various Government Schemes

On 06/01/2022, the principal of the college, Dr. Motiram Deshmukh, gave detailed information to the students about the various subsidized government schemes implemented by the central and state governments through a program organized in the college. Prof. K. N. Wagh, Prof. Hiraman Wagh and a large number of students were present at the venue of the program.







(Dr. Motiram. R. Deshmukh)
PRINCIPAL
M. G. Vidyamandir's
Art's, Science & Commerce College
Harsul, Tal.Tryambakeshwar Dist. Nashik

मांधी विद्यामंदि संग्रालि विनाव - 2/9/२००२ कला विज्ञान व वाणिय महाविद्यालग् टर्स्सार (माध्राह्र) ५६ हेंद्र स्वरकारे ने राज्य सरकार अनुवानित शासकीय जोजना ??

काम पिनोब्द - ६१९१२०२ रोजी - महाविद्यालयाने प्रानिष - इं मोतीराम् रावमी देशमुख यांनी महाविद्यालयानी कार्याणान कार्य

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